

K!ds Ministry Prayer Training

The Basics:

- Greet them with “Hi how can I pray for you?”
- Ask them their name, and after they have shared the request pray for them by name.
- Ask them for permission to lay hands on them.
- Lay hand gently on their shoulder, try not to move around to limit distraction.

The Father’s Heart:

Always begin by focusing on the Father’s heart for each person. Praying the father’s heart will help you avoid ministering out of your own strength, opinion, or experience. It takes the pressure off of you! When praying the father’s heart over the kids you keep the focus on God.

When you focus on God and his goodness, you help people see Him for who he is: a loving, forgiving, compassionate God who is wanting to save, heal, redeem, and bless. The kids coming for prayer may feel scared, desperate, and lost. Life’s problems often keep kids distracted or blind from God’s presence, His love, and His blessing. When you keep in mind that God is the source, you will not feel pressure to pull from your own personal experience or spiritual knowledge. You will be God’s vessel and He can minister to His kids through you!

Respect the kids Receiving Prayer:

When kids come to you for prayer, they are inviting you into their personal space: family, fears, failures, hurts, and wounds. It is in this loving environment that you create a safe place for vulnerability. Ask God to give you the grace to be compassionate and sensitive as you intercede for this kid.

Honor the kids receiving Prayer:

Kids have different levels of comfort and they will address you at the comfort level. Details are not necessary for ministering in prayer. Do not ask for details. What kids share with you in prayer is to be kept confidential and should not be shared outside of that moment in ministry. However there may be a time when you need to share information with the director/pastor of the room.

It is okay to ask for clarifying questions about the prayer request if you need to better understand what to pray for.

Common Prayer Requests

Prayer for Salvation:

When Jesus commands, “You must be born again,” He is referring to our response to God’s redemptive plan to give us a new nature in Christ. We receive this new birth by believing in

Jesus Christ and surrendering our will to him. Romans 10:9 - NIV If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved.

1. Ask the kid if they have a relationship with Jesus Christ.
2. Pray with them to receive Christ.

Prayer for Holy Spirit Baptism:

To receive the baptism of Holy Spirit we simply ask Holy Spirit to fill us.

- You may ask the kid if they have made Jesus Lord of their life. If not lead them through Salvation first.
- Luke 11:13 If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!”
- Encourage the Kids to ask their father God to baptize them with Holy Spirit. Agree with them while they pray. (It is okay to help them come up with words or phrases to ask for Holy Spirit).

Prayer for physical healing:

Prayer for healing is a prayer of faith and trust in God. Simply pray a prayer declaring healing. You have authority that God has given you, declare healing in Jesus name.

1 Peter 2:24 “He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.”

Psalms 103:2-3 - NIV Praise the Lord, my soul, and forget not all his benefits— 3. who forgives all your sins and heals all your diseases,

Prayer for Family:

Be sure to pray the heart of the father. We do not manipulate in prayer by imposing our will upon another individual. Do not assume that you understand all the circumstances. Lift up the challenging circumstances and submit them to God, rather than praying specific outcomes. We submit to God’s perfect will.

Prayer for emotional struggles:

You may have some kids asking for prayer for feelings of insecurity, grief, anxiety, regret, and fear. Minister compassion to the individual. “I love each of you with the same love that the Father loves me. You must continually let my love nourish your hearts” (John 15:9) “For God will never give you a spirit of fear, but of power love and a sound mind.” 2 Timothy 1:7

Prayer for finances:

Pray God’s blessing, provision, and protection to be evident in their life and pray for their families need.

Pray God's word, if you do not know what to say, God has given you words in scripture to pray over kids lives. He has also given you authority to boldly approach his throne and ask for things in His name.

Remember where two or more are gathered God is there, he is right by your side the whole time. Ask for his words to pray over the kids.

Emergency situations

An emergency situation is one in which there is a threat of harm to ones self or another:

- Threat of Suicide
- Spousal Abuse
- Child Abuse
- Elderly Abuse
- Sexual Assault
- Physical Assault
- Criminal Activity

If you encounter these situations or another one that would put a child or their family in danger. Immediately talk to the Pastor/Director of you room. Pastor Kristen in Xtreme, Trinity Esparza in K!ds.